



**Monday 30 July 2018**

**12:04 All Night Programme**

Including: **12:05** Music after Midnight; **12:30** Health Check (*BBC*); **1:05** Te Ahi Kaa (*RNZ*); **2:06** 50 Things That Made the Modern Economy (*BBC*); **2:30** The Seekers (*RNZ*); **3:05** The Global Gardener by Michael Scott (*8 of 10, RNZ*); **3:30** Science In Action (*BBC*); **4:30** Danish Drama (*RNZ*); **4:40** NZ Cathedrals (*RNZ*); **4:55** Book Review (*RNZ*); **5:10** Witness (*BBC*)

**6:00 Morning Report**

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour, including:

**6:20** and **6:50** Business News

**6:26** Rural News

**6:48** and **7:45** NZ Newspapers

**9:06 Nine to Noon with Kathryn Ryan**

Current affairs and topics of interest, including:

**10:45** Resistance by Rebecca Barnes Set in the near future in a New Zealand where the government wants to implant electronic chips in the brains of all New Zealanders. Pockets of resistance are forming around the country (*1 of 15, RNZ*)

**12:00 Midday Report**

RNZ news, followed by updates and reports until 1.00pm, including:

**12:16** Business News

**12:26** Sport

**12:34** Rural News

**12:43** Worldwatch

**1:06 Jesse Mulligan**

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (*RNZ*)

**4:06 The Panel with Jim Mora**

An hour of discussion featuring a range of panellists from right along the opinion spectrum (*RNZ*)

**5:00 Checkpoint with John Campbell**

RNZ's weekday drive-time news and current affairs programme

**6:30 Trending Now**

Holly Thorpe, Stacy Sims and Rosa Flanagan:  
When training hard damages young women athletes

**7:06 Nights with Bryan Crump**

RNZ's weeknight programme of entertainment and information

**8:15 Dateline Pacific**

A weekday current affairs programme covering the major Pacific stories of the week, with background and reaction from the people making the news (*RNZ*)

**8:30 Windows on the World**

International public radio features and documentaries

**9:30 Insight**

An award-winning documentary programme providing comprehensive coverage of national and international current affairs (*RNZ*)

**10:00 News at Ten**

A roundup of today's news and sport

**10:15 Lately with Karyn Hay**

A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (*RNZ*)

**11:06 Nashville Babylon**

Wairarapa's Mark Rogers presents a selection of old and new music - the very best in alt.country, Americana and blues (*Arrow FM*)