

## Thursday 14 July 2022

### 12:04 All Night Programme

A selection of the best RNZ National interviews and features.

### 5:00 First Up with Nathan Rarere

New Zealand's early morning wake-up call

### 6:00 Morning Report

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour with Susie Ferguson and Corin Dann

### 9:06 Nine to Noon with Kathryn Ryan

Current affairs and topics of interest

### 12:00 Midday Report with Māni Dunlop

RNZ news, followed by updates and reports until 1.00pm

### 1:06 Afternoons with Jesse Mulligan

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

### 3:45 The Panel with Wallace Chapman

An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

### 5:00 Checkpoint with Lisa Owen

RNZ's weekday drive-time news and current affairs programme

### 6:30 Trending Now

Highlighting the RNZ stories you're sharing on-line including The Detail  
<https://www.rnz.co.nz/programmes/the-detail>

### 7:06 Nights with Bryan Crump

RNZ's weeknight programme of entertainment and information

### 10:00 News at Ten

A roundup of today's news and sport

### 10:15 Lately with Karyn Hay

A late night radio show with an eye on live events, an ear for music, a great sense of humour and a genuine interest in people and their stories (RNZ)

### 11:04 Music 101 Pocket edition

As we wrap up the highlights from Music 101,