



**Sunday 31 July 2022**

**12:04 All Night Programme**

A selection of the best RNZ National interviews and features

**6:08 Storytime (RNZ)**

**7:10 Features Hour**

The Best of RNZ's Podcasts.

**8:06 Sunday Morning with Jim Mora.**

A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfield, politics from the insiders.

**9:06 Mediawatch**

Critical examination and analysis of recent performance and trends in New Zealand's news media (RNZ)

**9:36 Sunday Morning with Jim Mora**

Sunday morning continues

**12:12 Standing Room Only with Lynn Freeman**

It's an 'all access pass' to what's happening in the worlds of arts and entertainment

**1:10 At the Movies (RNZ)**

A weekly topical magazine programme about current film releases and film-related topics (RNZ)

**2:05 The Laugh Track on Standing Room Only**

**3:05 Classic Drama (RNZ)**

Highlighting radio playwriting and performance (RNZ)

**4:06 The Arts Hour from the BBC World Service**

**5:00 The World at Five**

A roundup of today's news and sport

**5:10 Heart and Soul**

Personal approaches to spirituality from around the world (BBC)

**5:35 Te Manu Korihi - news on Maori issues**

**6:06 Māpuna with Julian Wilcox**

Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates.

**6:50 Voices**

A weekly feature where the focus is ethnic communities (RNZ)

**7:04 Smart Talk**

A wide variety of conversations recorded in front of audiences round Aotearoa and the world, including the TED Radio Hour from NPR and selected programmes from the BBC World Service.

**8:06 The Sunday Night Retro Show with Phil O'Brien**

An evening of music and memories (RNZ)

**10:00 News at Ten**

A roundup of today's news and sport

**10:15 Mediawatch**

Critical examination and analysis of recent performance and trends in New Zealand's news media (RNZ)

**11:04 The Retro Cocktail Hour**

Darrell Brogdon serves up an hour, more finger-snapping, hip-shaking space age Tropicana music, tiki tunes, private eye jazz and other incredibly strange music. (KPR)