



## Thursday 26 January 2023

### **12:04 All Night Programme**

A selection of the best RNZ National interviews and features.

### **5:00 First Up with Nathan Rarere**

New Zealand's early morning wake-up call

### **6:00 Morning Report**

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half hour.

### **9:06 Nine to Noon with Kathryn Ryan**

Current affairs and topics of interest

### **12:00 Midday Report with Māni Dunlop**

RNZ news, followed by updates and reports until **1:00** pm

### **1:06 Afternoons with Jesse Mulligan**

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

### **3:45 The Panel with Wallace Chapman**

An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

### **5:00 Checkpoint with Lisa Owen**

RNZ's weekday drive-time news and current affairs programme

### **6:30 Trending Now**

Highlighting the RNZ stories you're sharing on-line including The Detail

<https://www.rnz.co.nz/programmes/the-detail>

### **7:06 Nights with Karyn Hay**

RNZ's weeknight programme of entertainment and information

### **10:00 News at Ten**

A roundup of today's news and sport

### **11:04 Music 101 Pocket Edition**

We wrap up the highlights from Music 101, while serving up the latest in new music. (RNZ)